

# 2009 WYRA Fall Youth Basketball Rules & Regulations

## (3<sup>rd</sup>-4<sup>th</sup> and 5<sup>th</sup>-6<sup>th</sup> Grade Girls/Boys Divisions)

### General rules of Conduct:

1. No smoking, fighting or profanity.
2. Gym shoes must be worn. NO OUTSIDE SHOES ON THE GYM FLOORS.
3. No unsportsmanlike conduct will be tolerated by the coaches, players, parents or spectators. DOING SO WILL RESULT IN PENALTIES AND POSSIBLE FORFEITURE OF THE GAME BY THE TEAM IN VIOLATION.
4. Coaches must remain in the coach's box. Failure to do so may result in a technical foul. No more than 2 coaches per team on the bench.
5. Any players or coaches given 2 technical fouls must leave the building or their team forfeits the game. If 2 technical fouls are given (consecutive or over the course of the season), the WYRA reserves the right to review the situation and has the right to eject the offender/s from the league. Reminder: One technical will result in the offender/s not being able to coach or play in the next consecutive game, they may come to the game, but may not sit on the bench with the team.

### New Rule Changes/Clarifications for 2009:

- A player can only be register to play on one team in each division.
- A team consists of 7 players on the roster at registration.
- Players must play in half of the teams scheduled regular season games to be edible to play in the post season tournament..
- There is going to be an emphasis on teams sportsmanship. A Coach, Player and/or Fans with bad behavior and/or conduct that results in a Technical Foul will be asked to leave the building immediately. They may not comeback for the next scheduled game. Two Technical's and they will be out for the season. WYRA reserves the right to hear appeals to come back to the league.
- No full court press by teams winning by 20 points or more in any division. Losing teams may if they choose to still press.
- 3<sup>rd</sup> and 4<sup>th</sup> grade division rule change only. In the final 2 minutes of the 2<sup>nd</sup> quarter and the final 2 minutes of the 4<sup>th</sup> quarter teams can apply a full court press.

### General Rules of Play:

1. 3<sup>rd</sup>-4<sup>th</sup> grade divisions will be treated with more emphasis on instruction and learning with regards to the Referee calls of the game. 5<sup>th</sup>-6<sup>th</sup> grade divisions will be expected to know more of the fundamentals of play and thus the game calls will reflected that expectation. The further into the season they go, the tighter the calls should become for both divisions.
2. The game ball size will be a 28.5 inch basketball for all the girls and 3<sup>rd</sup>-4<sup>th</sup> grade boys' games. A 30 inch regulation size basketball will be used for all the 5<sup>th</sup>-6<sup>th</sup> grade boys' games.
3. Teams may start a game with 4 players. There will be NO grace period. Games must start on time. Teams playing with borrowed players will have to forfeit the game. Please note you will need to let the WYRA officials know ahead of time of the situation. Doors will not open until 12:05 pm to eliminate congestion from the Western School teams leaving the gyms after their practices.

4. Games will consist of four, 6 minute quarters. Clock stops on all whistles. There will be one minute between quarters and 4 minute halves (after 3 minutes the horn will sound and teams must get prepared to start the 3<sup>rd</sup> quarter). There will be 4 minutes between games, unless we are ahead of schedule.
5. In the event of a tie game at the end of regulation, there will be a 2 minute Overtime period. The Clock will stop on all whistles. Each team will have 1 timeout available in overtime. Overtime will continue this way until one team wins.
6. The game clock will run continuously at the start of the 3<sup>rd</sup> and or the 4<sup>th</sup> quarters if there is a 25 point differential. The score at the beginning of the quarter determines this. If the lead becomes less than 25 the clock will still run due to the differential at the start of the quarter.
7. 3<sup>rd</sup>-4<sup>th</sup> grade divisions may use a Zone defense or Man to Man with half court double teaming. NO TRIPLE TEAMING THE BALL. The 5<sup>th</sup>-6<sup>th</sup> grade divisions can run a full court press if they wish. STILL NO TRIPLE TEAMING ALLOWED.
8. 3<sup>rd</sup>-4<sup>th</sup> grade divisions are to play Half Court Defense only. The Ten Second rule is still in effect. Over and back violation will apply.
9. Each player gets 5 personal fouls. Teams may finish the game with a single eligible player, if the remainder of the tem has fouled out.
10. Players shoot foul shots on shooting fouls. Bonus and Double Bonus is shot only in the last 2 minutes of the 4<sup>th</sup> quarter.
11. There will be a Short free throw line for the 3rs-4<sup>th</sup> grade girls and boys.
12. Each team gets 4 Time Outs in regulation play. Time Outs are 1 minute and the Game Clock does stop. Teams with more than 10 players will receive an additional time out in regulation play, this rule is here to help get your players in and out of the game. There will be only 1 time out per team in overtime play, regardless of number of players on the team.
13. All players must check in at the scorers table. Substitutions will be made on dead balls only.
14. All players on a team are expected to play a minimum of 6 minutes per game. Any coaches with players who will not be receiving the minimum playing time for reasons such as missed practices, behavior problems, etc.. need to let the WYRA officials know ahead of time of the situation. Violations of this rule could result in forfeiture of the game.
15. In the event of being frustrated or not sure of something, ask the referee for an "Official's Timeout" to discuss the situation. This league is designed to be a learning environment and the environment should be as pleasant as possible for the kids, the coaches and all those involved. This rule may used to help to accomplish this. The time out will not be charged to you unless the referee feels it was not called to correct any given situation, but to give your team an advantage. PLEASE DO NOT ABUSE THIS RULE OR IT WILL BE ELIMINATED.
16. Additional basketball rules will follow the IESA and NFHS guidelines.
17. If you have any questions regarding the WYRA Fall Youth Basketball Program for 2008-2009, please feel free to contact one of our league officers. They will be happy to help assist you:

**Mark Hively/President: 217-430-0814**

**David Motley/Vice President: 217-430-2451**

**Jeanne Hurt/Treasurer: 217-440-5669**

**Sherry Hively/Secretary: 217-257-6051**

## **2009 WYRA 1<sup>st</sup>-2<sup>nd</sup> Grade Basketball Rules and Regulations**

1. Each player must play the majority of one half of the game. All players should have equal playing time.
2. Water is allowed in the gym. No Gatorade or soda.
3. Games will consist of 2 twenty (20) minute halves. The game clock will run continuously, stopping only on time-outs.
4. No score is kept. Scoreboard will only display game time.
5. Substitutions may be made on a dead ball.
6. This league will be divided into boys and girls division if registrations allow, but if not then it will be a co-ed league. There is no rule on the number of boys and girls to be on the court at the same time. However, coaches shall use good judgment regarding this issue.
7. Games are played on the cross-courts, with goal height set at 8'.
8. Free throw line is 9'6" from goal.
9. The youth sized basketball will be used.
10. All playing shoes should be carried in and free of dirt/mud. Coaches should check players' shoes before allowing them on the court.
11. Fouls are not kept.
12. Defense will be man to man. No "fast breaks" or double teaming. Defense must be allowed to get back and set up.
13. Defense must remain inside the "white box".
14. Half rime will be 5 minutes. This may be adjusted to stay on schedule.
15. No lane violation will be used.
16. Each team is allowed 2 timeouts per half. Unused timeouts from the 1<sup>st</sup> half do not carry over to the 2<sup>nd</sup> half.
17. One coach is permitted on the court for each team for instructional purposes.
18. All regular IESA or IHSA rules and regulations will be used, except for the above mentioned WYRA variations.
19. There will be one official on the court. The official will assume a "teaching role". Official will give instructions to player on why the whistle was blown.
20. Coaches are expected to help enforce rules and keep his/her team and fans under control. Unsportsmanlike-like conduct will not be tolerated from players, coaches or fans.

**Remember: Volunteer coaches help build  
Strong Kids, Strong Families, Strong Communities.**